

SUNNYSIDE

Neighborhood News

September 2018

Neighborhood News

By Sean Watkins, Sunnyside Neighborhood Association Co-Chair

Hello Sunnyside Neighbors!

The August board meeting was lively, as quite a few of you attended to meet with Representative Rob Nosse for a Q&A session. Questions on affordable housing were most prominent, with state taxes, high rental costs, and building contractor motivation suggested as prime reasons for a lack of low-income dwellings.

The Crime and Livability committee reported on Sunnyside Park, talking about the Director of the Sunnyside Community House engaging folks in the park, listening to their concerns and relaying those of their neighbors. Open to the public, the Crime and Livability committee meetings are monthly for the foreseeable future and will be held at the Community House, SE 35th & Yamhill. The next one will be on September 4th @ 6:30 p.m.

Among other items, September's meeting agenda will expand on the concerns neighbors have expressed on NextDoor about recent interactions with houseless and traveller folks in Sunnyside Park and other areas within Sunnyside. The discussion will include the work and outreach provided through the Sunnyside Community House Director. Suggestions about means for finding sustainable ways to engage in our neighborhood with all residents are encouraged. Please come and join the evening with us.

Portland Clean Energy Fund Initiative

By Lenny Dee, Portland Clean Energy Fund Partner Relations

The Portland Clean Energy Fund Initiative is a model for how cities can take the lead on responding to climate change and economic inequality. The Initiative – a November 2018 ballot measure in the City of Portland – will bring in \$30 million annually to weatherize homes, provide job training, and build green infrastructure. It has been endorsed by 210 community organizations, businesses, and faith leaders.

In an era when many of us will be saying no far too often, it is an opportunity for Portland to say YES in a big way. Learn more and join with us at <https://www.portlandcleanenergyfund.com/>

UPCOMING EVENTS | SEPTEMBER

1st – Tech Help, 12-2 p.m. @ Belmont Library*

6th – Tech Help, 5:30-7:30 p.m. @ Belmont Library*

8th – Tech Help, 12-2 p.m. @ Belmont Library*

13th – Tech Help, 5:30-7:30 p.m. @ Belmont Library*

16th – Weatherization Workshop, 2-4 p.m. @ Belmont Library*

20th – Beyond “2 Weeks Ready”, 6:30-7:45 p.m. @ Belmont Library*

* See articles for details

MEETING SCHEDULE

Meetings at Southeast Uplift unless noted

Upcoming Board Meetings

Thursday September 13th & October 11th, 7-9 p.m.

Crime and Livability Committee

Tuesday September 4th & October 2nd, 6:30-7:30 p.m.

Land Use & Transportation Committee

Tuesday September 4th & October 2nd, 7:30-8:30 p.m.

Graffiti Clean-up

2nd & 4th Saturdays, weather permitting. Call 503-235-5047

Sunnyside Foot Patrol

Every Monday, 7 p.m., Meet at Sunnyside School basketball courts

SUNNYSIDE NEIGHBORHOOD ASSOCIATION
SunnysideNeighborhood.com

Providence Medicare Advantage Plans

By Judy Litchfield, Agent representing Providence Health Plans

What are Medicare Parts A, B, C & D?

Am I eligible? How do I enroll?

What provider network is available?

What is the difference between a Medicare Advantage Plan and a Medicare Supplement?

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Judy Litchfield, Licensed Health Insurance Agent

Phone: (c) 503 756-1398

Email: judylitch@gmail.com

Note: I am a Sunnyside Neighborhood homeowner since 1974. A twenty-five-year employee of Providence Health Plans; now six years as a Providence contracted health insurance agent.



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What is your level of preparedness for any and all emergencies?

By Jan Molinaro, co-chair Sunnyside NET Assistant Team Leader (ATL), Sunnyside Prepared! (a committee of the Sunnyside Neighborhood Association)

There are all kinds of people who live in our very urban neighborhood: homeowners, renters and our houseless population. In the event of an earthquake of any magnitude, we will all need each other to survive, for maybe three weeks or more.

My training is to take care of myself and family members first and then to go out, if possible, and begin to care for others.

There are around 8,000 people currently living in Sunnyside and only a small

number of Sunnyside Neighborhood Emergency Team members who may or may not be available to help out after an emergency.

Chances are, many of us will have to shelter in place since it will be very difficult to get out of town. It's hard, I know, to plan for an event that may or may not take place anytime soon.

I often hear that many of you don't have a place/space to store emergency items and that that has stopped many of you

from doing anything. Or that you are too busy to make plans for your family or at work for being prepared.

What's not hard at all is to connect with each other on a micro-level. Right now. Every day. Help each other get prepared. Don't let fear get in the way of taking the next step.

Start somewhere. Do something. Step up and help others. Be prepared, not scared.

Thank you so much.

News from the Belmont Library

By Megan McDaniel

September means back to school time for hardworking teachers too! Our Educator Card offers longer checkout periods and more holds, making your jobs a little bit easier. Providers of early childhood education through Grade 12, including homeschoolers, qualify. Sign up at the library, or visit multcolib.org/educators/educator-library-cards for more details!

Upcoming library programs:

Saturday September 1, 12-2 p.m.;
Thursday September 6, 5:30-7:30 p.m.;
Saturday September 8, 12-2 p.m.;
Thursday September 13, 5:30-7:30 p.m.

Tech Help

Do you have technology questions? Meet one-on-one for 30 minutes with a friendly,

knowledgeable Tech Helper who will help you find answers to questions about mobile devices, websites, downloading, e-readers, getting started with tech, and more. If you need help with a smartphone, iPad or tablet, please bring it with you, along with your username and password, or we may not be able to help.

Sunday September 16, 2-4 p.m.

Weatherization Workshop

Anyone can make weatherization improvements at home. Learn how to implement simple measures to lower home energy use by installing effective weatherization materials using basic tools such as scissors and a screwdriver. Each participating income-qualified Multnomah County household receives a free kit of

materials, including reusable vinyl storm window kits, door weatherstripping, pipe insulation, rope caulk and more. Register online with the Community Energy Project at communityenergyproject.org/getinvolved/calendar. Please ask us if you need assistance with registration.

Thursday September 20, 6:30-7:45 p.m.

Beyond "2 Weeks Ready"

Now that you are "2 weeks ready" for a disaster, what comes next? This workshop is geared towards those who want to learn about additional concrete actions to take now that will bring your emergency preparedness to a higher level. The workshop will be conversation-style with plenty of time for questions and answers. Come and listen and learn.

Want to attract garden pollinators or learn how to build a rain garden?

By Jane Pullman, Sunnyside neighbor

Learn about the bees, flies, beetles, moths and butterflies that provide vital pollination in urban gardens. This free workshop is being held on October 7th from 9:00 – 11:30 a.m.

Learn how to build a rain garden – a sunken garden bed that captures storm water and allows it to soak into the ground naturally. You will learn step-by-step

details on how to plan, design and build your own rain garden. This free workshop to be held on October 14th, from 1:00 – 5:00 p.m.

Register online at www.emswcd.org/ workshops for either or both. Workshops will be held at Southeast Uplift, 3534 SE Main St. Portland OR 97214. We look forward to seeing you there.

The workshops are brought to you by East Multnomah Soil & Water Conservation District and hosted by the Sunnyside Neighborhood Association. Space is limited, so pre-registration is requested. Light refreshments will be served – please bring your own coffee, if desired.

Questions?

Email jane.scout@gmail.com.

Both the Crime & Livability and the Land Use & Transportation committees have a new meeting time and location

By Dave Boush, Member-At-Large of the SNA Board

Starting in September, the Sunnyside Neighborhood Association's Crime and Livability Committee will meet the first Tuesday of each month at 6:30-7:30 p.m. in the Community House (3520 SE Yamhill). Following the Crime and Livability meeting will be the Land Use and Transportation Committee at the same

location. The September 4th meeting for Crime and Livability Committee will include a discussion of homelessness in the neighborhood. All are welcome to attend.

Become a foster parent for the Boys & Girls Aid

By Kathryn Carnell, Outreach Coordinator Boys & Girls Aid

When a child enters foster care, their life is flipped upside down. They are taken from their home, separated from their family, and pulled from their school. Oftentimes, kids in foster care move from foster family to foster family and begin to feel like outcasts. However, a good foster parent can create a positive impact by providing support, stability and growth. With a caring foster parent, children can go from feeling like outcasts to feeling empowered.

We are currently in a foster crisis in Oregon. On any given night, there are about 7,800 youth in foster care. As of right now, the state is short 500 foster homes. This means children may be forced to sleep in hotel rooms or their caseworkers' office. While this may sound like an abstract and overwhelming problem, there is a local need right here in Southeast Portland. Our community is in

need of supportive foster parents who can give kids stable and safe homes to thrive on their road to finding a forever family.

We are looking for families to serve our emergency placement program, which serves young kids ages 4-9 who would otherwise be staying in hotels. We also need families to foster teenagers who need positive influences and role models in their life. Both programs conveniently function out of Southeast and are in need of high-quality foster providers.

Boys & Girls Aid was founded in 1885, and is committed to providing high-quality services to children in foster care. All of our foster programs offer specialized training, 24/7 access to support staff, and breaks when you need them. Because of these support systems, we find that our

foster parents love what they do, and tend to stay for a long time.

If you're interested in becoming a foster parent, volunteering, or donating items, please email kcarnell@boysandgirlsaid.org or visit <http://www.boysandgirlsaid.org/fostercare> to learn more about getting involved. Behind every thriving child is an amazing foster parent.

Michelle McCabe Sunnyside Realtor
1122 SE 37th Ave



For all your real estate needs, home project referrals or market updates, contact your local real estate expert Michelle McCabe.

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 Newsletter Volunteers: Diana Deumling, Gloria Jacobs,

Sean Watkins Co-Chair
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 Reuben Deumling Member-At-Large
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SunnysideNeighborhood.com
 c/o SEUL, 3534 SE Main, Portland, OR 97214

Any opinions expressed, unless specified, are not necessarily those of the Sunnyside Neighborhood Association or its board. Sunnyside residents are welcome to submit articles for consideration that concern neighborhood issues, by emailing newsletter@sunnysideneighborhood.com. Many wonderful volunteer Sunnyside residents distribute the Neighborhood News.

PLAY PIANO!

Piano Lessons
 by Amie Rose



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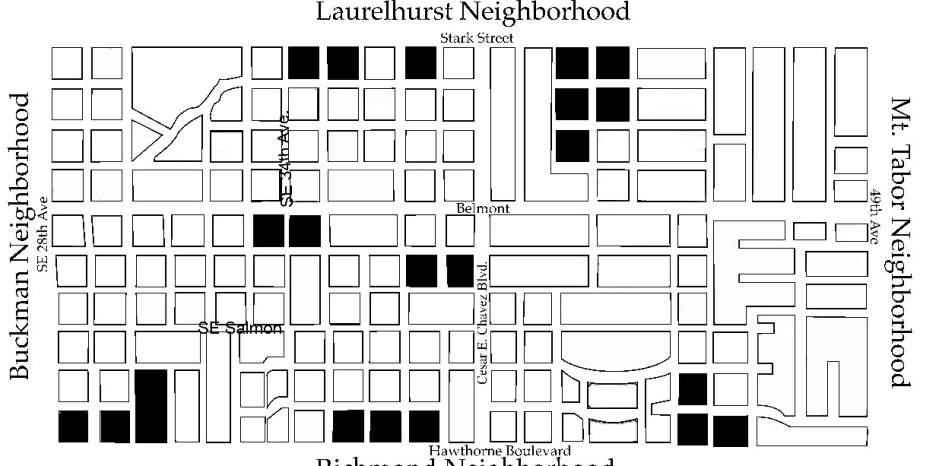
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Laurie Kovack
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 (503) 880-8989
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 (503) 387-8989



Sunnyside Neighborhood Map

■ Delivery help needed here



Map showing Sunnyside Neighborhood streets and delivery help areas. Streets labeled include Stark Street, Belmont, SE Salmon, Hawthorne Boulevard, SE 28th Ave, SE 24th Ave, Cesar E. Chavez Blvd, Buckman Neighborhood, Laurelhurst Neighborhood, Mt. Tabor Neighborhood, and Richmond Neighborhood.

SNA Meetings @ SEUL