

SUNNYSIDE

Neighborhood News

March 2016

Neighborhood News

Tony Jordan, SNA President

Do you like meetings? Neither do I! I attend quite a few of them, sure, but really the fun parts of community service are the activism that happens between the meetings. Would you like to volunteer with the Sunnyside Neighborhood Association but prefer to attend as few meetings as possible? I want to make that possible, easier, and more rewarding. Please write to board@sunnysideneighborhood.com if you'd like to help with:

- **Newsletter delivery** – This is a tried and true way to help out. Whether or not the gap map shows a need in your neighborhood, there are always long-term delivery people who might like to pass the torch.
- **Event planning** – This includes appreciation events, neighborhood visionings, block parties, and more. The SNA could certainly have more events, but we need your help!

- **Ad sales and graphic design** – Much of our revenue comes from newsletter ad sales, but we often have unsold space. A few hours of your time could go a long way for the SNA.
- **Canvassing and/or posting notification and event flyers** – Whether it be for neighborhood elections, land use issues, or parties, this is a regular need.
- **Outreach to underrepresented groups** – I've written much about our desire to contact more renters in the neighborhood.
- **Day-of-Volunteering** – We always need assistance for the Belmont Street Fair, Sunday Parkways, Movies in the Park, and more.

UPCOMING EVENTS | MARCH

- 6th - Portland Brew Stories: Hop Growing 101 @ Belmont Library*
- 12th - Belmont Art Salon @ Belmont Library*
- 12th - Library Trivia Challenge! @ Belmont Library*
- 12th - Rain Gardens - Naturescaping Workshop*
- 15th - Cards, Invitations, and Flyers, Oh My! @ Belmont Library*
- 16th - Resume Help @ Belmont Library*
- 20th - Earthquake Preparedness @ Belmont Library*

APRIL

- 2nd - Native Plants Naturescaping Workshop*
- 12th - Crime Prevention Meeting*

MEETING SCHEDULE

Meetings at Southeast Uplift unless noted

General and Board Meeting

Thursday, March 10, 7:30-9 p.m.

Land Use & Transportation Committee

Thursday, March 10, 6:30-7:30 p.m.

SNA EP NET Committee

Tuesday, March 15, 10 a.m - 12 p.m.
@ Historic Belmont Firehouse

Sunnyside Street Tree Team (S2T2)

TBA

"Office Hours" with SNA Board President @ Common Grounds Coffee Shop

Tuesday, March 22, 7-8 a.m.

Graffiti Clean-up

2nd & 4th Saturdays, weather permitting.
Call 503-235-5047

How to be Part of Your Neighborhood Association Board

By Tony Jordan, SNA President

Every May the Sunnyside Neighborhood Association holds a general membership meeting and elects board members. Our board has nine seats, and in even years (like this one) five of them are up for election.

If you have ever considered running for the SNA board, now is a great time to check out a few meetings, ask questions, and let people know you are interested. Board members can expect to spend up to 10 hours a month on SNA activities, depending on committee assignments and the projects they undertake.

You can serve on the board if you are a Sunnyside resident (renter or homeowner), an owner of property in Sunnyside, or a designated representative of a business, church, non-profit, or school located in Sunnyside. You must be 18 years of age or older. There are no length-of-residency requirements for board eligibility.



This Spring's Naturescaping Workshops Are Here!

By Jane Pullman, Sunnyside Neighbor

Do you love nature? Want to provide habitat for birds, beneficial insects, and other wildlife in your yard? The SNA is hosting three free workshops in March and April. These naturescaping workshops are provided by the East Multnomah Soil and Water Conservation District. Young students are welcome! Space is limited so pre-registration is requested.

Workshop participants will view a beautiful slide show of before and after naturescaping examples, get advice on native plant gardening and landscape design, learn about native plants, and walk to a nearby example of a mature naturescaped yard. Participants will receive a comprehensive workbook to help them get started. Light refreshments will be served (bring your own coffee, if desired).

The workshops will be held at Southeast Uplift, 3534 SE Main Street, and are scheduled as follows:

- Rain Gardens: Saturday, March 12, from 9 a.m. to 1 p.m.
- Urban Weeds: Tuesday, March 22, from 6 to 8:30 p.m.
- Native Plants: Saturday, April 2, from 9 to 11:30 a.m.

Register online at www.emswcd.org. Write to jane.scout@gmail.com with any questions.

Crime Prevention Meeting in April

By Lorraine Henriques, Chair, SNA Crime Prevention Committee

Please join your neighbors on Tuesday, April 12, at 6:30 p.m. in the Fireside Room at Southeast Uplift, 3534 SE Main Street, for an informal discussion, brainstorming, and problem-solving meeting about crime prevention and livability in our Sunnyside neighborhood. If you have ideas and examples of programs that have been successful, such as Neighborhood Watch, please bring them to share with the group. We will discuss whether or not we have enough interest to plan further meetings, how we can involve our city and county officials, and how we move forward.

Update from SNA Emergency Preparedness/NET Committee

By Glenn C. Devitt and Jan Molinaro, Committee Co-Chairs

We are very happy to have found regular meeting spaces for the rest of 2016, in the Fireside Room at Southeast Uplift and at the Historic Belmont Firehouse, 900 SE 35th and Belmont. We meet monthly on the third Tuesday of the month, alternating between morning meetings (10 a.m. to noon) and evening meetings (7 to 9 p.m.). We do not meet in December. Our March meeting will be at the Firehouse at 10 a.m. on Tuesday, March 15. Visit our website at www.sunnysideprepared.com for updates.

We include both emergency preparedness activities and Neighborhood Emergency Team (NET) activities at our meetings. Though we focus on the Sunnyside neighborhood, we welcome Portlanders from other parts of the city. As we continue this work, we acknowledge that there are small, important steps that we can take as individuals and families and neighbors **right now** to strengthen our resilience.

Join us. See you around the neighborhood!

Help Impact NW Find its History

By Ali Packard, Development Director, Impact NW

Impact NW is turning 50 this year! Originally named Portland Action Communities Together, Inc. (PACT), it was founded in 1966 when four neighborhoods came together to combat poverty and deteriorating conditions in southeast Portland. Sunnyside was one of the founding neighborhoods. Early programs included employment programs, family counseling, food buying clubs, and a tool lending library. Renamed Portland Impact in the 1980s, and later Impact NW, the organization has helped more than 1 million people during these past 50 years.

Unfortunately, throughout the years we have lost records, news clippings, photos, and stories from our first 30 years. If you have any of these or any memories of PACT or Portland Impact, please share them with us. Contact Ali Packard, Impact NW development director, at 503-294-7452 or apackard@impactnw.org. Thanks for any help you can give us in reconstructing our history.

Recycling Tip of the Month: Be a WasteBuster

By Bonita Davis, Certified Master Recycler

The Portland region has recently seen an increase in garbage generation, up from slightly more than four pounds per person per day. Most waste material is trucked some 130 miles to the Columbia Ridge Landfill in Arlington, Oregon.

WasteBusters—a Vancouver, Washington, campaign—challenges residents to change their habits for 21 days, which is the length of time experts say it takes to make a change stick and become our new “default” behavior. Participants weigh their garbage and then identify actions they commit to trying for three weeks to lower the weight. Visit www.WasteBuster.green to read up on this experiment. WasteBusters focuses on reducing food waste and reducing the use of disposable shopping bags and beverage containers.

Why the challenge? On average, 30 percent of the food we purchase is wasted through overbuying, poor storage, or forgetting to incorporate the leftovers into our meals. Paper coffee cups are plasticized and they go straight to the landfill, along with the plastic stir sticks and lids, and usually also the paper sleeves, which are totally recyclable. One major chain alone sold more than four billion cups last year. Plastic and paper carryout bags have a short useful life and the plastic ones clog recycling machinery.

These are all easy-to-avoid waste items. Some solutions: Careful planning, proper food storage, and incorporating leftovers into our food plan can save us money as well as cut down on food waste. Visit www.portlandcan.org for food saving tips. Take your own mug or travel cup to the coffee shop or ask for coffee “for here” instead of “to go.” Lastly, remember your reusable shopping bag. If you forget it, grab a free box offered at most stores (and then recycle it).

The Environmental Protection Agency reminds us that recycling prevents pollution caused by harvesting new raw materials, thereby saving energy and reducing greenhouse gases. The effort we make today to reduce, reuse, and recycle not only saves us money, but helps sustain our environment for future generations.

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Try the WasteBuster challenge yourself, for 21 days. If you want to build community, get your household, family, co-workers, and neighbors involved. It's good for the planet.

What's Up at the Belmont Library in March?

By Cyndi Rosene, Belmont Library Assistant

Take a sip of the culture, history, and passion for brewing in our community! There will be beer-related programs throughout the spring at many library locations. Also take a look at the Portland Brew Stories gallery on our website at <http://tinyurl.com/gnd8jhl>. Here are the featured March events at Belmont Library:

Sunday, March 6, 3 to 4 p.m., Portland Brew Stories: Hop Growing 101

This workshop will cover establishing the hop plant, trellis requirements, fertility, common pests, harvest time, and drying. Registration required. Register online, in the library, or by calling 503-988-5234.

Saturday, March 12, 4 to 5:30 p.m., Belmont Art Salon

We provide colored pencils, blank paper, and printed coloring pages, or bring your own coloring/sketching supplies. Turn your creative imagination loose at our new monthly open art space.

Saturday, March 12, 6:30 to 8:30 p.m., Library Trivia Challenge!

Back by popular demand! Teams will compete for bragging rights and a special "mystery trophy." Snacks for all at this special after-hours event.

Tuesday, March 15, 5:30 to 7:30 p.m., Cards, Invitations, and Flyers, Oh My!

Learn how to use Microsoft Word to complete your project. Covers fonts, pictures, color, shapes, text boxes, etc. You should already be comfortable using Word. Registration required. Register online, in the library, or by calling 503-988-5234.

Wednesday, March 16, 5 to 7 p.m., Resume Help

Meet with an experienced volunteer for one-on-one help. Bring a paper copy of your resume if you have one. First-come, first-served.

Sunday, March 20, 3 to 4:30 p.m., Earthquake Preparedness

Learn what to do before, during, and after an earthquake. Learn how to make a family plan and build an emergency kit, including what to include in the kit and

how to store it. Registration required. Register online, in the library, or by calling 503-988-5234.

For more programs and information, drop in and see us at Belmont Regional Library, 1038 SE Cesar Chavez Boulevard; give us a call at 503-988-5382; or find us online at www.multcolib.org. Multnomah County Library programs are always free of charge.

A Note from Sunnyside Community House

By Pat Schwiebert

We had a great open house on January 30. Many groups have expressed interest in using the building at SE 35th and Yamhill, formerly Sunnyside Centenary Methodist Church, and we are moving forward in making this a real community friendly space. People have asked what we need, so here's a list: kitchen items, vacuum cleaners, sleeping bags, blankets, and toiletries, for a start. We also need people with skills in plumbing, painting, and patching plaster.

We would like to make the gym available from 1 to 3 p.m. on most Saturdays for kids in the neighborhood to come in and play, but we need parents who are willing to sign up to supervise. Call Pat at 503-706-6583 if you can help out. We will have the notice board out on the sidewalk on Saturdays when the gym is available. The Labyrinth Space will be open on the third Thursday of each month from 6 to 8 p.m.

We now have a Friends of Sunnyside Community House page on Facebook thanks to Katie Bretsch. We invite you to join so you will know what's happening and what events you might want to attend. If you have questions or are interested in a tour, contact Pat Schwiebert at 503-706-6583 or pat@tearsoup.com.



Delivery Help Needed

Newsletter delivery is a fun and easy way to support the Sunnyside Neighborhood Association!

Meet your neighbors and get exercise at the same time.

Send email to newsletter@sunnysideneighborhood.com to find out about available routes.

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The Sunnyside Neighborhood News is published monthly by the Sunnyside Neighborhood Association.

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Any opinions expressed, unless specified, are not necessarily those of the Sunnyside Neighborhood Association or its board. Sunnyside residents are welcome to submit articles for consideration that concern neighborhood issues, by emailing newsletter@sunnysideneighborhood.com. Many wonderful volunteer Sunnyside residents distribute the Neighborhood News.

Sunnyside Street Tree Team HELP WANTED!

By Gregg Everhart, S2T2

No experience needed! Satisfaction guaranteed!

Several members of the Sunnyside Street Tree Team (S2T2) cannot spend as much volunteer time on trees as they did in previous years, so we are seeking some new tree lovers. We have worked on a variety of projects since doing the Sunnyside Street Tree Inventory in 2012, including outreach for Friends of Trees planting, pruning workshops with Portland Parks and Recreation's Urban Forestry, Arbor Day walk/run/tours, recommended planting lists, Tree-of-Heaven inventory and removal campaign, and educational articles for the SNA newsletter. But our efforts are shaped by whoever has ideas and wants to help. We typically meet on the third Thursday every other month at 7 p.m. in the Fred Meyer deli, but will happily reschedule to meet the needs of new tree team members. Contact us at s2t2@googlegroups.com if you're interested.

Sunnyside Neighborhood Annual Cleanup

Saturday May 21st | 9am - 12 noon

St. Stephen Parking Lot

SE 42nd and Taylor

Bring your non-hazardous junk!

No yard debris

No building materials

Car load: \$10

Van/Small Truck: \$15

Large Truck: \$20

Bike and walk-in: FREE!



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Sunnyside Neighborhood Map

Delivery help needed here

