

SUNNYSIDE

Neighborhood News

January 2018

Neighborhood News

By Hannah Day-Kapell, Sunnyside Neighborhood Association Chair

Happy new year! Thanks to everyone who joined us for the December board meeting and holiday party. It was great to see many new faces at the meeting.

In 2018, we look forward to working with our neighbors to continue addressing livability and safety issues in our community and to track citywide plans and new developments. We'll keep supporting ad hoc neighborhood watch groups and others who are working to improve safety. We'll be keeping members up-to-date on the City's Residential Infill Project, which will set new guidelines for development on our streets.

As always, we welcome all neighbors at our monthly meetings. We appreciate folks who come and share the issues you see in the neighborhood. We can help brainstorm next steps and connect you with resources that are available. We're always looking for more people to get involved in the board, in our committees, and in the community. Email us at board@sunnysideneighborhood.com if you'd like to get in touch.

Join the Sunnyside Tree Planting on February 3rd

By Carling Kirk, Friends of Trees Neighborhood Coordinator

Have you ever walked down a street in Sunnyside that is lined with big beautiful trees? Perhaps you thought to yourself "How can my street look like this?" It's easy. Plant trees! On February 3rd, we will join our neighbors in the Kerns, North Tabor and Laurelhurst neighborhoods to plant both street and yard trees. Our goal is to improve and diversify our urban canopy.

Enhancing the urban canopy is important because trees provide countless benefits to neighborhoods. Trees improve livability by reducing city noise and glare, as well as slowing traffic. They provide habitat for birds and other wildlife. The value of trees increases with each passing year. Houses on tree-lined streets command higher prices than those in neighborhoods without trees.

Come out and help us plant. Our mission is not possible without the help of volunteers to help plant trees and provide pickup trucks and to transport the trees and tools to the planting sites. We always need pickup trucks! It is a fun community activity, an opportunity to meet your neighbors and get outside. Come join us! Signup at friendsoftrees.org, email volunteer@friendsoftrees.org, or call 503-595-0213.

If you have questions or need any assistance please feel free to contact me, Carling Kirk, the neighborhood coordinator at sunnyside@plantitportland.org.

UPCOMING EVENTS | JANUARY

4th – Tech Help, 5:30-7:30 p.m. @ Belmont Library*

6th – Tech Help, 12-2 p.m. @ Belmont Library*

6th – Holiday/Christmas Tree Recycling, 10 a.m.-4 p.m. @ Sunnyside Environmental School*

7th – Resume Help, 1-3 p.m. @ Belmont Library*

7th – Holiday/Christmas Tree Recycling, 10 a.m.-4 p.m. @ Sunnyside Environmental School*

8th – Inaugural Open Instrumental, 7:30 p.m.-approx 10 p.m. @ Sunnyside Community House*

11th – Tech Help, 5:30-7:30 p.m. @ Belmont Library*

13th – Tech Help, 12-2 p.m. @ Belmont Library*

21st – If You Can Boil Water, You Can Brew Kombucha, 2-3 p.m. @ Belmont Library*

27th – And Still We Rise: Harriet and Sojourner, 3-4:15 p.m. @ Belmont Library*

28th – Spreadsheets 1, 2-4 p.m. @ Belmont Library*

* See articles for details

MEETING SCHEDULE

Meetings at Southeast Uplift unless noted

Board Meeting

Thursday, January 11, 7-9 p.m.

Land Use & Transportation Committee

Tuesday, January 2, 7-8 p.m.

Graffiti Clean-Up

2nd & 4th Saturdays, weather permitting.
Call 503-235-5047

Continued resilience for 2018

By Jan Molinaro, Sunnyside Prepared co-chair and NET Assistant Team Leader

It's that time of year again, for improving and sustaining ourselves in this new year.

Social resilience is a year-round 'habit of excellence.' Now is as good of a time as any to make a promise to yourself, your family, and your neighbors to get prepared in big and small ways.

Here is a list to get you started:

- Turn off your TV
- Leave your house
- Know your neighbors
- Look up when you are walking
- Greet people
- Sit on your stoop
- Plant flowers
- Use your library
- Play together
- Buy from local merchants
- Share what you have
- Help a lost dog
- Take children to the park
- Garden together
- Support neighborhood schools
- Fix it even if you didn't break it
- Have potlucks
- Honor elders
- Pick up litter
- Read stories aloud
- Dance in the street
- Talk to the mail carrier
- Listen to the birds
- Put up a swing
- Help carry something heavy
- Barter for your goods
- Start a tradition
- Ask a question
- Hire young people for odd jobs
- Organize a block party
- Bake extra and share
- Ask for help when you need it
- Open your shades
- Sing together
- Share your skills
- Take back the night
- Turn up the music
- Turn down the music
- Listen before you react to anger
- Mediate a conflict
- Seek to understand
- Learn from new and uncomfortable angles
- Know that no one is silent though many are not heard
- Work to change this

All of this is doable. Happy 2018 to all of you.



Open Mike for Instrumentalists in 2018

By Bill Stites

New for 2018, we will host a regular performance of instrumentalists, in the familiar format of an Open Mike. But it will be different ...

For those who enjoy some of the many Open Mikes around town, there are many choices – a quick listing at openmicportland.com shows 39 options. But what if you don't sing? What if you have worked hard to develop your musicality through an instrument only?

Surely, there are lots of folks who fit this category and might appreciate a venue that serves to recognize and appreciate those who have honed musical expression ... without vocals. We are creating the Open Instrumental just for you.

We will be playing in the Sanctuary room, a beautiful space with curvaceous ceilings. The acoustics are amazing!

There is a piano and a mixer/sound board that can accept electronic instruments. A mike will be available to amplify acoustic instruments so bring on that cello!

Individuals or groups are welcome to perform ... sans singers.

This event will take place at the Sunnyside Community House (formerly Sunnyside Methodist Church), on the corner of Yamhill St. and 35th Ave.

The inaugural Open Instrumental starts on January 8th at 7:30 p.m., ending around 10pm. This event will be held on the 2nd and 4th Mondays of the month.

We will have a Suggested Donation jar available with all proceeds going to support Sunnyside Community House programs. Probably \$5 – definitely sliding scale – no one turned away. (Please be generous; this is the church building where the Hard Times Supper Club has operated for nearly 4 decades, led by the neighborhood gem, Pat Schwiebert.)

For more information, contact Bill Stites at bill@stitesdesign.com

Please come out and support this effort. Come play! Come listen!

What's Happening At The Belmont Library?

By Cyndi Rosene

Did you make a resolution to learn something new in 2018? An amazing benefit of your library card is free access to Lynda.Com! Learn new business, creative, & tech skills with expert-led online video tutorials— anytime, anywhere. To get started, go to <https://multcolib.org/resource/lyndacom>.

**Thursday January 4 5:30 to 7:30 p.m.,
Saturday January 6 noon to 2 p.m.,
Thursday January 11 5:30 to 7:30 p.m.,
Saturday January 13 noon to 2 p.m.,
Tech Help**

Meet one-on-one with a friendly, knowledgeable Tech Helper who will assist you with mobile devices, websites, downloading, e-readers and more. If you need help with a smartphone, iPad or tablet, please bring it with you, along with usernames and passwords. First-come, First-served.

Sunday January 7, 1 to 3 p.m., Resume Help

Meet with an experienced volunteer for one-on-one help. Bring a paper copy of your resume if you have one. First-come, first-served.

Sunday January 21, 2 to 3 p.m., If You Can Boil Water, You Can Brew Kombucha!

Maxwell Bliss of Treehouse Kombucha will show you the simple steps to brewing and flavoring your own kombucha. Starter cultures, tea bags and other supplies are provided. Registration required; register online, in the library or by calling 503-988-5123.

Saturday January 27, 3 to 4:15 p.m., And Still We Rise: Harriet and Sojourner

This presentation delves into the lives and impact of Harriet Tubman and Sojourner Truth, and the need to embrace their stories in our troubled times. Made possible by The National Endowment for the Humanities Fund of The Library Foundation. Registration required; register online, in the library or by calling 503-988-5123.

Michelle McCabe Sunnyside Realtor
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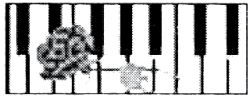
**Sunday January 28, 2 to 4 p.m.,
Spreadsheets 1**

Learn about the different tools you can use to create and edit spreadsheets. We will use Google Sheets and Microsoft Excel. This class is for beginners, but you must be comfortable using a keyboard and a mouse. Registration required; register online, in the library or by calling 503-988-5123.

For more programs and information please drop in and see us, Belmont Regional Library, 1038 SE Cesar Chavez Blvd, give us a call (503)988-5123, or find us online www.multcolib.org. Multnomah County Library programs are always free of charge.

PLAY PIANO!

Piano Lessons
by Amie Rose



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Felting Workshops in Sunnyside at PenFelt Studio

with LeBrie Rich, Duchess of Felt

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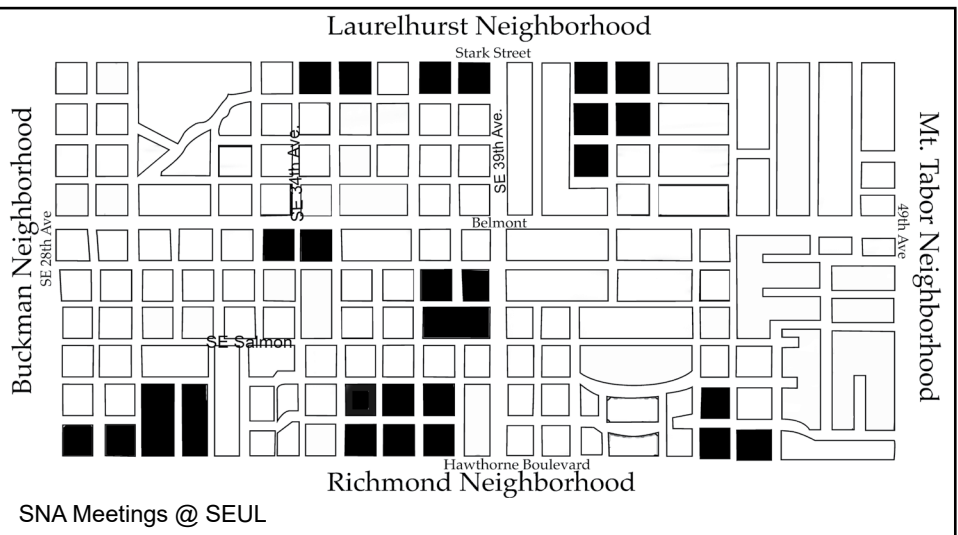
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Any opinions expressed, unless specified, are not
necessarily those of the Sunnyside Neighborhood
Association or its board. Sunnyside residents
are welcome to submit articles for consideration
that concern neighborhood issues, by emailing
newsletter@sunnysideneighborhood.com. Many
wonderful volunteer Sunnyside residents distribute
the Neighborhood News.

Sunnyside Neighborhood Map

■ Delivery help needed here



SNA Meetings @ SEUL