

# SUNNYSIDE

## *Neighborhood News*

### November 2017

#### Neighborhood News

*By Hannah Day-Kapell, Sunnyside Neighborhood Association Chair*

The board had a full agenda for our October meeting. We unanimously voted in favor of installing an emergency shipping container with solar panels in the Sunnyside Environmental School Park to store emergency supplies. The project has wide community support. It will significantly benefit the capability of our Neighborhood Emergency Team to assist schoolchildren, and our entire neighborhood, in the event of an emergency. To make it more attractive, the plan is to paint a mural on the side of the container.

We also heard from representatives from the Fred Meyer on Hawthorne, which will soon undergo a renovation. The interior-only improvements will not require any store closures, and the staff will keep the Sunnyside board updated on the progress.

Finally, we heard from the folks at the Portland Street Art Alliance, who are organizing a new mural at SE 30th & Belmont that honors the rich history of the Sunnyside Neighborhood & Belmont District. The project has received a Southeast Uplift Small Community Grant, and the Sunnyside Board voted to provide additional funding. You can learn more about this effort, and see some great historic photographs of our neighborhood, at: [www.pdxstreetart.org/articles-all/sunnyside-mural-project](http://www.pdxstreetart.org/articles-all/sunnyside-mural-project).

#### Sunnyside Env. School Wreath and Poinsettia Fundraiser

*By Diana Deumling*

Support Sunnyside School and women farm workers, and brighten your home or business with natural beauty this winter.

The SES Wreath and Poinsettia Sale is a fundraiser that benefits our entire community. This year our wreath sale will again support both Sunnyside and Mujeres Luchadoras Progresistas (Women Striving for Progress). Mujeres Luchadoras Progresistas (MLP) is a group of farm worker women who create economic development and promote leadership among women in their community. Their wreath project has made a substantial difference in the lives of farm worker women and their families. The holiday season is the time of year with the least amount of farm work available, and a time when families struggle most to pay the rent and provide for their families. The money that women earn through the wreath project goes toward their family's household expenses: rent, utilities, holiday expenses, warm clothing, and food. Supporting MLP allows Sunnyside to exercise what we try to teach our kids, and illustrates what we can accomplish as a community.

Handmade Noble Fir Wreaths, 24-26" in diameter: \$35; Lush red, pink, or white poinsettias: \$12 for 6" pots and \$20 for 8" pots

To place an order online, visit [www.sespsa.org](http://www.sespsa.org). Orders are due by November 10. Pick up your order in the Sunnyside school auditorium on Monday, December 4, between 3 and 7pm.

#### UPCOMING EVENTS | NOVEMBER

**2nd** – Tech Help, 5:30-7:30 p.m. @ Belmont Library\*

**4th** – Tech Help, 12-2 p.m. @ Belmont Library\*

**5th** - Resume Help, 1-3 p.m. @ Belmont Library\*

**9th** – Tech Help, 5:30-7:30 p.m @ Belmont Library\*

**11th** – Tech Help, 12-2 p.m. @ Belmont Library\*

**29th** – Stinging Nettle for Cordage, 6-7:30 p.m. @ Belmont Library\*

\* See articles for details

#### MEETING SCHEDULE

**Meetings at Southeast Uplift** unless noted

##### Board Meeting

Thursday, November 9, 7-9 p.m.

##### Land Use & Transportation Committee

Tuesday, November 6, 7-8 p.m.

##### Graffiti Clean-Up

2nd & 4th Saturdays, weather permitting.  
Call 503-235-5047

SUNNYSIDE NEIGHBORHOOD ASSOCIATION  
[www.SunnysideNeighborhood.com](http://www.SunnysideNeighborhood.com)

## Nudging yourself towards emergency preparedness

*By Jan Molinaro, Sunnyside Prepared!, a committee of the Sunnyside Neighborhood Association*

Unless you are newly transplanted to Portland and Oregon, you know about the possibility of a major earthquake of epic proportions coming our way sooner or later.

That's scary! The science supports this but it doesn't always motivate us to prepare ourselves and our family. If you do something a little bit at a time, guaranteed you will feel less scared and more empowered.

**NUDGE YOURSELF AND THOSE YOU CARE ABOUT TO TAKE THOSE STEPS TO BE READY.**

There is tons of info available, both online and in print, to support your efforts.

My favorite brochure is Prepare! A RESOURCE GUIDE, published by the American Red Cross, Cascades Region. It's free and you can pick up a copy at one of their offices ([www.redcross.org/local/oregon/locations](http://www.redcross.org/local/oregon/locations)) or online ([www.redcross.org/local/oregon/preparedness/resource-guide](http://www.redcross.org/local/oregon/preparedness/resource-guide)).

You can build community resilience one step at a time. Here are some ways to build community and community resilience this fall and winter:

- Hold a neighborhood potluck. Get to know your neighbors and prepare together.
- ADOPT a storm drain near your home and keep it free of clutter (those pesky autumn leaves!) during the snow and the rain.
- Clear your sidewalks and the streets (yes, the streets) in front of your home of excess leaves and debris to make it safe for kids and those who bike and walk to get to where they are going safely.
- ADOPT each other and do this work with a buddy.
- Take the lead and encourage others to keep each other safe and then BRAG about your efforts on NextDoor Sunnyside. WHY NOT?
- YES, this means you and you and you and you....

**Michelle McCabe** Sunnyside Realtor  
1122 SE 37th Ave



For all your real estate needs, home project referrals or market updates, contact your local real estate expert Michelle McCabe.

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## Changes to Depot Recycling

By Bonita Davis

Many of us in Sunnyside enjoy being able to recycle “beyond the curb” at FarWest Recycling (4930 SE 26th Ave.). This fall, they made big changes to what they accept.

The following changes became effective in mid-September 2017 (from the City of Portland, Bureau of Planning and Sustainability):

Plastics they accept, but please separate:

- #1 plastic bottles
- #2 plastic bottles

Items they are no longer taking:

- Commingled plastics with a number
- Bulky plastic
- Plastic film/bags

### What are your other options?

- You can store the materials that were removed to see if they get added back in down the road.
- You can visit [www.oregonmetro.gov/findarecycler](http://www.oregonmetro.gov/findarecycler) to find a different company that may take some of these materials.
- You can throw away these materials.
- Note - Grocery stores still take plastic bags.

### Why are these changes happening?

The recycling market has changed. China is now closely inspecting imported recycling materials for contamination. Contamination from food debris and mixed plastic materials are two major reasons that baled recycling gets rejected – and the scale is staggering. Some 1,500 shipping containers (that arrive in the U.S. filled with consumer goods) are sent back to China with baled recyclable materials where these post-consumer papers, plastics, textiles and other materials await buyers for the manufacture of new products.

Four years ago, China created a program called “Operation Green Fence.” This program sought some environmental protections for Chinese manufacturers who were finding too much trash and contaminants in shipments. Chinese businesses were losing money and the trash was filling their landfills. Those companies in the US who were shipping these materials, if inspected and found to have contaminated materials, were faced with both a loss of their license and the cost of shipping the material back to the U.S.

### How can I reduce my use of plastics?

Plastic can be great for preserving food and it helps prevent food waste. Lightweight, it can save on shipping costs. However, we can all rethink our use of plastics. To get inspired and find alternatives, read Beth Terry’s *Plastic Free – How I Kicked the Plastic Habit and How You Can Too* (2012, Skyhorse Publishing). (The library has both print and electronic versions of this book.)

Just as important, the Chasing Arrows Recycling Emblem focuses on Reduce, Reuse and Recycle in order of effectiveness. In the Sunnyside neighborhood we practice Reduce and Reuse every day when we consign items, bring our own coffee cup or water bottle, DIY, care for and repair our items, share, remember our reusable grocery bags, shop used, and pay close attention to what we place in recycling bins.

### Not sure what goes in the bin?

No need to guess. Call your hauler or the Curbsider Hotline at 503 823 7202.

## What’s Happening At The Belmont Library?

By Cyndi Rosene

Broken printer at home? You no longer have to log on to a library computer to use our printer. Try our new Mobile/Wireless printing service. Print almost any document or web page from your computer or device to the Belmont Library printer or any convenient MCL branch printer near you. No additional software required. Go to [multcolib.org/mobile-printing](http://multcolib.org/mobile-printing) for the details, or come in and ask at the info desk.

**Thursday November 2, 5:30 to 7:30 p.m., Saturday November 4, noon to 2 p.m., Thursday November 9, 5:30 to 7:30 p.m., Saturday November 11, noon to 2 p.m., Tech Help**

Meet one-on-one for 30 minutes with a friendly, knowledgeable Tech Helper who will assist you with mobile devices,

websites, downloading, e-readers and more. If you need help with a smartphone, iPad or tablet, please bring it with you, along with usernames and passwords. First-come, First-served.

### **Sunday November 5, 1 to 3 p.m., Resume Help**

Meet with an experienced volunteer for one-on-one help. Bring a paper copy of your resume if you have one. First-come, first-served.

### **Wednesday November 29, 6 to 7:30 p.m., Stinging Nettle for Cordage**

Meet Grand Ronde Tribal Member Stephanie Craig and learn about sustainable nettle harvesting methods to make cordage or yarn. Cordage and ropes are used for hunting, fishing,

pulling, carrying, and lifting. Their use dates back since the beginning of time. A great class for those looking to expand their fiber knowledge. Registration begins November 8; register online, in the library or by calling 503-988-5123.

For more programs and information please drop in and see us, Belmont Regional Library, 1038 SE Cesar Chavez Blvd, give us a call (503)988-5123, or find us online [www.multcolib.org](http://www.multcolib.org). Multnomah County Library programs are always free of charge

# PLAY PIANO!

Piano Lessons  
by Amie Rose



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Newsletter Volunteers: Diana

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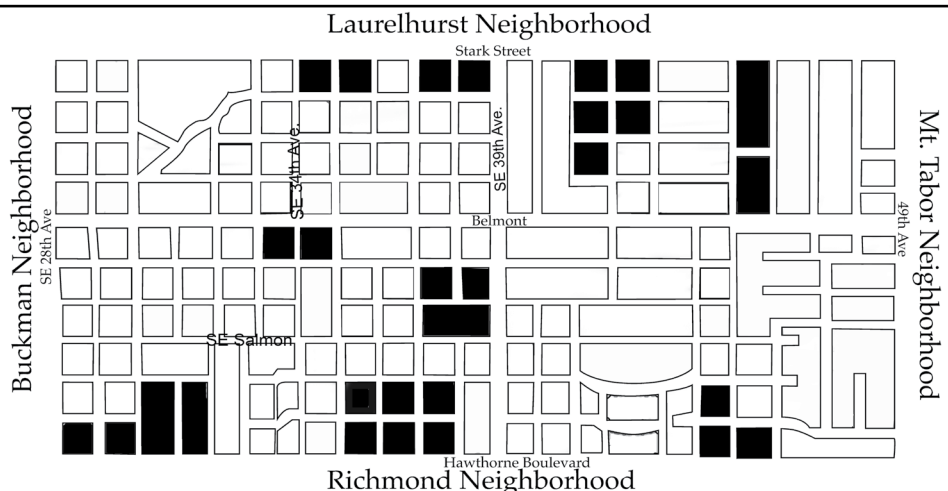
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c/o SEUL, 3534 SE Main, Portland, OR 97214

Any opinions expressed, unless specified, are not  
necessarily those of the Sunnyside Neighborhood  
Association or its board. Sunnyside residents  
are welcome to submit articles for consideration  
that concern neighborhood issues, by emailing  
newsletter@sunnysideneighborhood.com. Many  
wonderful volunteer Sunnyside residents distribute  
the Neighborhood News.

## Sunnyside Neighborhood Map

■ Delivery help needed here



SNA Meetings @ SEUL