

SUNNYSIDE

Neighborhood News

April 2011

Sunnyside News

By Reuben Deumling, SNA President

As someone who lived downwind of the Chernobyl nuclear reactor in 1986, the triple disaster in Japan—earthquake, tsunami, and nuclear crisis—has brought back a lot of unpleasant memories. Our own prospective ability to be prepared for an earthquake here in Oregon has also been thrown into sharp relief. As you will read below, no one thinks we are even close to the Japanese in terms of preparedness. And we won't become adequately prepared for "our" earthquake in a week, either, but now is probably a good time to start thinking about this. We are sponsoring some workshops offered by the Oregon Red Cross throughout the month of April at Southeast Uplift. See below for details.

The SNA Spring Clean-up is also upon us. Karen Hery has taken over coordinating this event, and in this transition we collectively agreed to collapse the two annual clean-ups we've held in the past into one. Participation and volume of material collected have both been dropping over the past years, so we thought we'd give this a try. The Useful Goods Exchange—renamed Sunnyside Swap—will now be co-located at St. Stephen's Church on the same weekend. See below for details.

In other news, Sunnyside Environmental School has applied for a grant to install a substantial rainwater storage system for their school gardens. See below for details and how

you can improve the chances of its success.

Planning for the 2011 Belmont Street Fair on September 10 is underway. This year, SNA's Tim Brooks and Katie Schawaroch (Hall of Records owner and new BABA board member) are teaming up to put together another fun-packed event with a few new twists, including an Artist Alley, highlighting *cont'd on page two...*

UPCOMING EVENTS | APRIL

- 6th - Belmont Streetfair planning meeting
- 16th - Sunnyside Swap & Spring Clean-up
- 16th - March and Rally for Jobs and Benefits
- 16th - Rummage Sale

Details can be found on our website under 'What's Happening in Sunnyside?'

Sunnyside Swap and Spring Clean-up

By Karen Hery, Neighborhood Clean-up Coordinator

Friday, April 15 – Drop off useful goods, 6 to 9 p.m.
Saturday, April 16 – Clean-up, 9 a.m. to noon, and Swap, 9 a.m. to 4 p.m.
Sunday, April 17 – Rummage Sale, 10 a.m. to 1 p.m.

The annual Useful Goods Exchange held at Sunnyside Environmental School for the past four years and the long-running Sunnyside Neighborhood Clean-up have merged to become the Sunnyside Swap and Spring Clean-up.

This combined effort to reduce, reuse, and



recycle will all take place at St. Stephen's Catholic Church gym and parking lot (near the corner of SE 42nd and Taylor) in mid-April, the first weekend of Earth Day week. *cont'd on page two...*

MEETING SCHEDULE

Meetings at Southeast Uplift unless noted

General Meeting
Thursday, April 14, 7 p.m.

Crime Prevention Committee
Thursday, April 14, 6:30 p.m.

Sustainability Committee
Monday, April 11, 6:00 p.m.

Land Use & Transportation Committee
Monday, April 11, 7:30 p.m.

Graffiti Clean-up
2nd & 4th Saturdays, weather permitting. Call 503-235-5047

SUNNYSIDE NEIGHBORHOOD ASSOCIATION

Hotline: 503-295-1699 • www.SunnysideNeighborhood.com



or at the Sunnyside Listserv: <http://groups.yahoo.com/group/SunnysideNeighborhood/>



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Sunnyside News

local artists and creating spaces for trainings and workshops hosted by our multi-talented neighbors—local artists, urban farmers, alternative transportation designers, and you! The next meeting takes place at 7:30 p.m. on April 6 at Hall of Records, 3342 SE Belmont. This event wouldn't happen without volunteers, so please consider joining us!

Your Sunnyside Neighborhood Association is also looking for someone to help with the layout of our newsletter starting in June. Meredith Hendricks, our long-standing and very loyal layout editor will be taking a break.

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Sunnyside Swap and Spring Clean-up

Items such as yard debris and Styrofoam will once again be accepted at this year's event. Read through the weekend schedule below to find your way through a great spring cleaning while you help raise funds for the neighborhood, clear out your house, and find new-to-you treasures to enjoy.

SUNNYSIDE SWAP: Drop-off of swappable useful goods begins on Friday from 6 to 9 p.m. through the main doors of the gym, and continues on Saturday from 9 a.m. to 4 p.m. There is a \$2 donation per family to enter the swap on Saturday, but if you drop off useful goods on Friday, you will receive free entry to the swap on Saturday.

- What to Bring: Any item that has some useful good left in it is welcome at the exchange, including

adult and children's clothing, books, videos, DVDs, CDs, furniture, dishes, craft supplies, gardening items, toys, working electronics, building supplies, etc. No stained or torn clothing or hazardous chemicals.

- Swap Tips: All swapping is done on the honor system. Give as much or more than you take in a manner that feels fair to you (shirt for shirt, book for book, several small items for a larger item, or a larger item for several small items). If you want to ensure that you get fair value in return for the items you bring, you can shop first and swap second, taking out of the exchange the things that you want and returning by 4 p.m. with your items in trade.

CLEAN-UP: Drop-off of bulky waste and recyclable items takes place on Saturday from 9 a.m. to noon in the St. Stephen's parking lot at the corner of SE 42nd and Taylor. Cost is \$6 per car, \$10 per SUV/wagon, and \$14 pickup/truck/van. If you are walking or biking with less than a carload, make a smaller donation that feels fair to you. Everyone donating to the clean-up gets free entry to the swap.

- What to Bring: Old home and lawn furniture beyond repair, broken up concrete (with or without rebar), wood, metal, cardboard, e-waste (televisions, computer monitors, and towers), sheet rock, Styrofoam blocks, brittle (not squishy) Styrofoam peanuts (if it won't "snap," we can't take it), hard plastics (such as old/damaged toys beyond safe use), sod/dirt, and yard debris (including stumps).
- Prohibited Materials: Wet garbage, food waste, chemicals, commercial refrigerants, auto parts, motors, gas-

powered yard machines, tires over 22.5 inches, and hazardous waste, including materials containing asbestos.

RUMMAGE SALE: All items not swapped on Saturday are part of the rummage sale on Sunday from 10 a.m. to 1 p.m. Do you want more items than you have items to trade? Come in on Sunday to shop. Most items are \$1. Larger items are priced to move. All items in the rummage sale are free from 12:30 to 1 p.m. Remaining items at the end of the rummage sale will be given to charities.

HOW TO HELP OUT: Volunteers get the best selection of items for exchange. With new items coming in all day on Friday and Saturday and everything becoming free at the end of Sunday's rummage sale, every hour is a good hour to be volunteering. Sign up to volunteer at www.handsonportland.org (search word "sunnyside") or contact event organizer Karen Hery at 503-407-2667. Walk-in volunteers (adults and students) are also welcome the weekend of the event.

We look forward to seeing a lot of familiar and new faces at this year's event!

SNA would like to thank



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April Notes

by George Slanina

Secretary of State Clinton pledged millions of dollars to create jobs in Egypt; but what about jobs here in the U.S.A.? If Egyptians can take to the streets and be promised jobs and money from our administration, well, so can we. If we don't raise our voices, the government will not hear us. Your chance is coming:

- Portland Rising, a March and Rally for Jobs and Benefits, not cuts, on Saturday, April 16, at noon in Pioneer Square.

If you are underemployed or have a neighbor or relative who is underemployed, spread the word and attend. Together our voices will be heard. We have got to make an effort, or we will be left behind as our government bails out banks, corporations, foreign banks, and other countries—everyone except the average U.S. citizen.

The next Employment Self Help Group potluck takes place on Thursday, April 14, at noon at Southeast Uplift, 3534 SE Main Street.

Sunnyside Environmental School a Finalist in Umpqua Bank's \$10K "Build Your Block" Challenge

By Heidi McNamee, SES PTSA

When Umpqua opens a new bank location, they invite community members to submit ideas to improve the neighborhood. The bank chooses their top three ideas and then invites neighbors to vote for their favorite.

Sunnyside Environmental School asks you to vote for our project and join us in harvesting the rain!

SES has had a fabulous gardening and sustainability program for several years, but we lack a sustainable way to water our gardens. The obvious solution? Capture and store our abundant rainwater during the fall and winter and use it to irrigate our gardens. Portland gets almost 40 inches of rain a year and much of it ends up polluted and in our sewers. SES will create a demonstration project with educational components to water our vegetable garden area and teach our neighbors how to do the same.

The 2,500-gallon cistern will be located in our garden at SE 34th and Taylor. Rain barrels and other rainwater projects will be developed and installed by the community. Educational signage also will be developed by the community and placed near the cistern.

From March 21 to April 15, anyone may go into Umpqua at 3557 SE Hawthorne Boulevard and vote for this project. Postcards will be available listing all three projects.

If you would like to be involved in installing this project or planning community outreach and education, e-mail Heidi at heidimcnamee@gmail.com.

People Get Ready

By Dana Buhl, People Get Ready

In the days after the earthquake and tsunami in Japan, the scope of the disaster began emerging. There's no telling how long emergency conditions

will continue, let alone when recovery can begin.

Portland sits on a seismic zone that is likely to unleash an earthquake similar to the 9.0 magnitude event just experienced in Japan. By all estimations, Portland and the Pacific Northwest are far less prepared than Japan to respond to such an emergency. When a disaster does occur, it will take a long time before there is any coordinated emergency help, and we must be prepared to help ourselves and unite with those closest to us to assist in our mutual survival.

It's time to prepare ourselves, Sunnyside! "People Get Ready" is the name of SNA's emergency preparedness efforts. On the following dates we will host informational sessions taught by the Oregon Red Cross to help us develop home preparedness kits: Tuesday April 12th from 7-8:30 p.m., Saturday April 16 from 10-11:30 a.m., and Thursday 28 from 7-8:30 p.m. All sessions will be at Southeast Uplift, 3534 SE Main St. In the meantime, a few resources that can help you prepare at home:

- Portland Office of Emergency Management – information for home preparedness as well as registration for the Neighborhood Emergency Team (NET) training.
- Oregon Red Cross (www.oregonredcross.org) – select the preparedness tab for a video on how to build a home emergency kit and more.
- Public Alerts for Multnomah County (www.publicalerts.org)

If you haven't already made an emergency kit, or done any planning for *cont'd on page four...*

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People Get Ready

your home preparedness, here are a few things you can do immediately to start:

- Store water—1 gallon/person/day. Ideally you should have enough water for your home for a week or more.
- Keep some emergency food in a kit—again, enough for a week for every member of the household.
- Put some sturdy shoes, a flashlight, and warm clothes under or near your bed in case of a nighttime emergency.
- Know where your water, gas, and electricity shut-offs are located.

In the next newsletter, look for more information about neighborhood coordination for emergency response.

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Hotline: 503-295-1699
www.SunnysideNeighborhood.com
 c/o SEUL, 3534 SE Main, Portland, OR 97214

Any opinions expressed, unless specified, are not necessarily those of the Sunnyside Neighborhood Association or its board. Sunnyside residents are welcome to submit articles for consideration that concern neighborhood issues, by calling the Hotline at 503-295-1699 and leave a message for the Editor. Many wonderful volunteer Sunnyside residents distribute the Neighborhood News.

Naturescaping Workshop

By Katie Meckes of East Multnomah Soil & Water Conservation District

SNA is hosting a free naturescaping workshop so you can learn to landscape for clean water and healthy habitat! Naturescaping is the practice of designing (or redesigning) a landscape to reduce water use and decrease stormwater runoff and pollution while saving you time, money, and energy. The practice of naturescaping focuses on using native plants. Once established, native plants are low maintenance, less susceptible to common garden pests and diseases, and attractive to a variety of native birds and butterflies.

Attend our free Naturescaping Basics Workshop and learn how to design your landscape to help create local bird and wildlife habitat that extends beyond property lines. The workshop is free, so call a friend and register soon!

- What: Naturescaping Basics Workshop
- When: Saturday, May 28
- Where: Southeast Uplift, 3534 SE Main Street, in the Fireside Room
- How: Advanced registration is required. Go to www.emswcd.org/workshops-events to register online, or call 503-935-5383 for more information.

Workshop participants will view before and after examples of naturescaping, get advice on native plant gardening and landscape design, learn about native plants, and go on a field trip to see an example of a mature naturescaped garden. Participants will receive a comprehensive workbook and a native plant to help them get started. Light refreshments will be served. The Naturescaping Basics Workshop is offered by the East Multnomah Soil and Water Conservation District. Space is limited.

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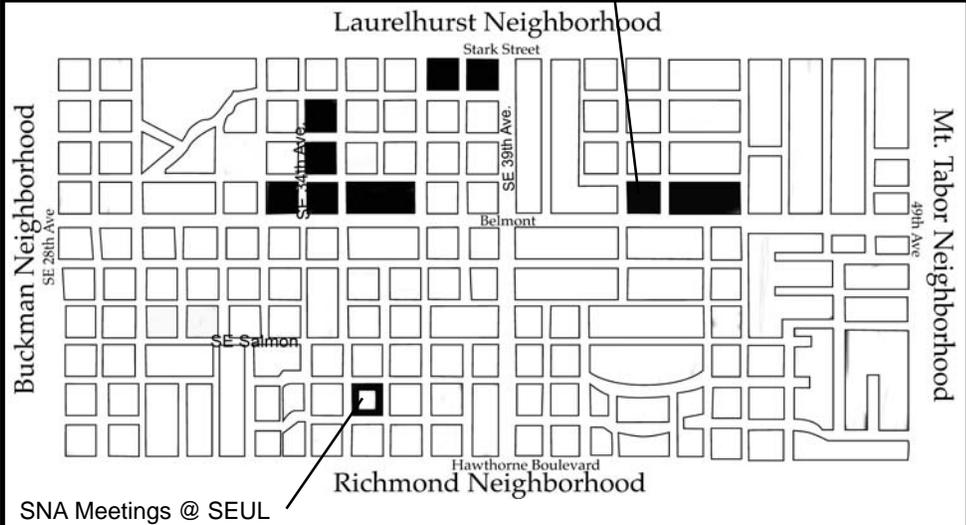
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Sunnyside Neighborhood Map



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SE 28th Ave, SE 41st Ave, SE 44th Ave, SE 47th Ave, SE 49th Ave, Stark Street, Belmont, Hawthorne Boulevard

SNA Meetings @ SEUL

Delivery help needed here